



2023 SUMMER HOCKEY CAMP SCHEDULE

*subject to change

**U13 Shooters & Scorers Camp
Skaters and Practice Goalies**

July 24-28, 2023

Day	Start	End	Activity	Location
MONDAY ONLY	8:15 AM	8:45 AM	Check-in	CNC 2
Mon-Fri	8:45 AM	9:15 AM	Prep for Ice	Dressing Room
Mon-Fri	9:15 AM	10:30 AM	Ice Session	CNC 2
Mon-Fri	11:00 AM	11:15 AM	Snack	Mini Rink
Mon-Fri	11:30 AM	12:15 PM	Dryland	Field
Mon-Fri	12:30 PM	1:00 PM	Meal	Mini Rink
Mon-Fri	1:15 PM	2:15 PM	Off Ice Training	Field
Mon-Fri	2:30 PM	3:00 PM	Prep for Ice	Dressing Room
Mon-Fri	3:00 PM	4:15 PM	Ice Session	CNC 2

NOTES:

Okanagan Hockey Camps operate at **Capital News Centre-** 4105 Gordon Dr, Kelowna, BC V1W 4Z1

RULES AND REGULATIONS:

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do not leave valuables in locker room— OH is not responsible for lost or stolen items.
- #3 ZERO tolerance for use of electronic devices in dressing rooms.
- #4 Do not take or use other athletes equipment or property.
- #5 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #6 Parents may check athletes out with counsellors permission
- #7 Players are required to bring their own gear & water bottles



Celebrating 60 years!

Professional hockey instruction since 1963

okanaganhockey.com
Toll Free: 1-888-844-6611