



**2023 SUMMER HOCKEY CAMP SCHEDULE**

\*subject to change

**2011-2014 Shooters & Scorers Camp**

**Skaters and Practice Goalies**

**July 10-14, 2023**

Day	Start	End	Activity	Location
<b>Mon. Only</b>	8:45am	9:15am	Check In	Arena Lobby
Mon-Fri	9:15am	9:45am	Prep for Ice	Dressing Room
Mon-Fri	9:45am	11:00am	Ice Session	Gold Rink
Mon-Fri	11:15am	11:30am	Snack	Cafeteria
Mon-Fri	11:30am	12:15pm	Dryland	TBD
Mon-Fri	12:15pm	12:45pm	Skills	Curling Rink
Mon-Fri	12:45pm	1:15pm	Lunch	Cafeteria
Mon-Fri	1:15pm	1:45pm	Activity	TBD
Mon-Fri	1:45pm	2:15pm	Prep for Ice	Dressing Room
Mon-Fri	2:15pm	3:30pm	Ice Session	Gold Rink

**NOTES:**

Okanagan Hockey Camps operate at **Flames Community Arenas-** 2390 47 Ave SW, Calgary, AB T2T 5W5

**RULES AND REGULATIONS:**

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do not leave valuables in locker room— OH is not responsible for lost or stolen items.
- #3 ZERO tolerance for use of electronic devices in dressing rooms.
- #4 Do not take or use other athletes equipment or property.
- #5 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #6 Parents may check athletes out with counsellors permission
- #7 Players are required to bring their own gear & water bottles



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