



**2023 SUMMER HOCKEY CAMP SCHEDULE**

\*subject to change

**U13 Shooters & Scorers Camp  
Skaters and Practice Goalies**

**July 10-14, 2023**

Day	Start	End	Activity	Location
<b>Mon. Only</b>	10:00am	10:30am	Check In	Arena Lobby
Mon-Fri	10:30am	11:00am	Prep for Ice	Dressing Room
Mon-Fri	11:00am	12:15pm	Ice Session	Blue Rink
Mon-Fri	12:30pm	12:45pm	Snack	Cafeteria
Mon-Fri	12:45pm	1:15pm	Skills	Curling Rink
Mon-Fri	1:15pm	2:00pm	Dryland	TBD
Mon-Fri	2:00pm	2:30pm	Lunch	Cafeteria
Mon-Fri	2:30pm	3:00pm	Activity	TBD
Mon-Fri	3:00pm	3:30pm	Prep for Ice	Dressing Room
Mon-Fri	3:30pm	4:45pm	Ice Session	Blue Rink

**NOTES:**

Okanagan Hockey Camps operate at **Flames Community Arenas-** 2390 47 Ave SW, Calgary, AB T2T 5W5

**RULES AND REGULATIONS:**

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do not leave valuables in locker room— OH is not responsible for lost or stolen items.
- #3 ZERO tolerance for use of electronic devices in dressing rooms.
- #4 Do not take or use other athletes equipment or property.
- #5 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #6 Parents may check athletes out with counsellors permission
- #7 Players are required to bring their own gear & water bottles



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