



2023 SUMMER HOCKEY CAMP SCHEDULE

*subject to change

**U16 Shooters & Scorers Camp
Skaters and Practice Goalies**

July 10-14, 2023

Day	Start	End	Activity	Location
Mon. Only	7:15am	7:45am	Check In	Arena Lobby
Mon-Fri	7:45am	8:15am	Prep for Ice	Dressing Room
Mon-Fri	8:15am	9:30am	Ice Session	Gold Rink
Mon-Fri	9:45am	10:00am	Snack	Cafeteria
Mon-Fri	10:00am	10:30am	Activity	TBD
Mon-Fri	10:30am	11:15am	Dryland	TBD
Mon-Fri	11:15am	11:45am	Lunch	Cafeteria
Mon-Fri	11:45am	12:15pm	Skills	Curling Rink
Mon-Fri	12:15pm	12:45pm	Prep for Ice	Dressing Room
Mon-Fri	12:45pm	2:00pm	Ice Session	Gold Rink

NOTES:

Okanagan Hockey Camps operate at **Flames Community Arenas-** 2390 47 Ave SW, Calgary, AB T2T 5W5

RULES AND REGULATIONS:

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do not leave valuables in locker room— OH is not responsible for lost or stolen items.
- #3 ZERO tolerance for use of electronic devices in dressing rooms.
- #4 Do not take or use other athletes equipment or property.
- #5 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #6 Parents may check athletes out with counsellors permission
- #7 Players are required to bring their own gear & water bottles



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