



2023 SUMMER HOCKEY CAMP SCHEDULE

*subject to change

U9 3S Camp

Skaters and Practice Goalies

July 10-14, 2023

Day	Start	End	Activity	Location
Mon. Only	7:00am	7:30am	Check In	Arena Lobby
Mon-Fri	7:30am	8:00am	Prep for Ice	Dressing Room
Mon-Fri	8:00am	9:15am	Ice Session	Blue Rink
Mon-Fri	9:30am	10:00am	Snack	Cafeteria
Mon-Fri	10:00am	10:45am	Skills	Curling Rink
Mon-Fri	10:45am	11:30am	Activity	TBD
Mon-Fri	11:30am	12:00pm	Lunch	Cafeteria
Mon-Fri	12:00pm	12:30pm	Prep for Ice	Dressing Room
Mon-Fri	12:30pm	1:45pm	Ice Session	Blue Rink
Mon-Fri	2:00pm	2:45pm	Dryland	TBD

NOTES:

Okanagan Hockey Camps operate at **Flames Community Arenas-** 2390 47 Ave SW, Calgary, AB T2T 5W5

RULES AND REGULATIONS:

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do not leave valuables in locker room— OH is not responsible for lost or stolen items.
- #3 ZERO tolerance for use of electronic devices in dressing rooms.
- #4 Do not take or use other athletes equipment or property.
- #5 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #6 Parents may check athletes out with counsellors permission
- #7 Players are required to bring their own gear & water bottles



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