



SAMPLE MEAL PLAN MENU

Subject to change

Monday- Caesar Salad, Garlic Toast, Lasagna, Cut Watermelon and Whole Fresh Fruit, Ice Tea/Lemonade and water

Tuesday- House Salad, Curly Fries, Chicken Fingers, Cut Watermelon and Whole Fresh Fruit.
Iced Tea/Lemonade and water

Wednesday- Caesar Salad, Garlic Toast, Two Pastas, Two Sauces (one without meat), Cut Watermelon and Whole Fresh Fruit. Iced Tea/Lemonade and water

Thursday- House Salad, Potato Wedges, Build your own Burger, Cut Watermelon and Whole Fresh Fruit.
Iced Tea/Lemonade and water

Friday- Caesar Salad, Build your own Tacos, Cut Watermelon and Whole Fresh Fruit, Ice Tea/Lemonade and water

**Each morning, Monday through Friday, a snack consisting of a juice box and altering between fresh fruit and granola bar will be provided.*