

## 2024 SUMMER HOCKEY CAMP SCHEDULE

\*subject to change

### U9 Advanced Skaters & Practice Goalies Aug 12-16, 2024



Day	Start	End	Activity	Location
<b>MONDAY ONLY</b>	7:00 AM	7:30 AM	Check-in	MNP
Mon-Fri	7:30 AM	8:00 AM	Prep for Ice	Dressing Room
Mon-Fri	8:00 AM	9:15 AM	Ice Session	MNP 1
Mon-Fri	9:30 AM	9:45 AM	Snack	Mini Rink
Mon-Fri	9:45 AM	10:15 AM	Flexibility & Movement	Field
Mon-Fri	10:30 AM	11:30 AM	Off Ice Training	Field
Mon-Fri	11:30 AM	12:00 PM	Lunch	Mini Rink
Mon-Fri	12:00 PM	12:30 PM	Prep for Ice	Dressing Room
Mon-Fri	12:30 PM	1:45 PM	Ice Session	MNP 1

### **RULES AND REGULATIONS:**

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do not leave valuables in locker room— OH is not responsible for lost or stolen items.
- #3 ZERO tolerance for use of electronic devices in dressing rooms.
- #4 Do not take or use other athletes equipment or property.
- #5 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #6 Parents may check athletes out with counsellors permission
- #7 Players are required to bring their own gear & water bottles



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