

2024 SUMMER HOCKEY CAMP SCHEDULE

*subject to change

U11 Pre-Season Prep Camp
Skaters
and
Practice Goalies
August 5-9, 2024



| Day | Start | End | Activity | Location |
|-----------|----------|----------|----------------|---------------------------|
| Mon. Only | 8:30 AM | 8:45 AM | Check in | Servus Credit Union Place |
| Mon-Fri | 8:45 AM | 9:15 AM | Prep for Ice | Dressing Room |
| Mon-Fri | 9:15 AM | 10:30 AM | Ice Session | Messier Arena |
| Mon-Fri | 10:45 AM | 11:00 AM | Snack | Dressing Room |
| Mon-Fri | 11:00 AM | 12:00 PM | Dryland | Fieldhouse |
| Mon-Fri | 12:00 PM | 12:30 PM | Meal | Skybox Grill |
| Mon-Fri | 12:30 PM | 1:30 PM | Off Ice Skills | |
| Mon-Fri | 1:30 PM | 2:00 PM | Prep for Ice | Dressing Room |
| Mon-Fri | 3:00 PM | 3:15 PM | Ice Session | Messier Arena |

NOTES:

Okanagan Hockey Camps Operate at **Servus Credit Union Place**- 400 Campbell Rd, St. Albert, AB T8N 0R8

RULES AND REGULATIONS:

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do not leave valuables in locker room— OH is not responsible for lost or stolen items.
- #3 ZERO tolerance for use of electronic devices in dressing rooms.
- #4 Do not take or use other athletes equipment or property.
- #5 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #6 Parents may check athletes out with counsellors permission
- #7 Players are required to bring their own gear & water bottles



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