

## 2024 SUMMER HOCKEY CAMP SCHEDULE

\*subject to change

**U15 Pre-Season Prep Camp**  
**Skaters**  
**and**  
**Practice Goalies**  
**August 5-9, 2024**



Day	Start	End	Activity	Location
Mon. Only	10:00 AM	10:15 AM	Check in	Servus Credit Union Place
Mon-Fri	10:15 AM	10:45 AM	Prep for Ice	Dressing Room
Mon-Fri	10:45 AM	12:00 PM	Ice Session	Messier Arena
Mon-Fri	12:00 PM	12:15 PM	Snack	Dressing Room
Mon-Fri	12:15 PM	1:15 PM	Dryland	Fieldhouse
Mon-Fri	1:30 PM	2:00 PM	Meal	Skybox Grill
Mon-Fri	2:00 PM	3:00 PM	Off Ice Skills	
Mon-Fri	3:00 PM	3:30 PM	Prep for Ice	Dressing Room
Mon-Fri	3:30 PM	4:45 PM	Ice Session	Messier Arena

### NOTES:

Okanagan Hockey Camps Operate at **Servus Credit Union Place**- 400 Campbell Rd, St. Albert, AB T8N 0R8

### RULES AND REGULATIONS:

- #1 Have fun and enjoy playing the coolest game on earth-HOCKEY!
- #2 Do not leave valuables in locker room— OH is not responsible for lost or stolen items.
- #3 ZERO tolerance for use of electronic devices in dressing rooms.
- #4 Do not take or use other athletes equipment or property.
- #5 BULLYING, HARASSING, or PICKING ON other students will not be tolerated
- #6 Parents may check athletes out with counsellors permission
- #7 Players are required to bring their own gear & water bottles



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